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# Can you use water instead of vegetable oil?

Broth and water are the most common oil replacements for stovetop cooking. But you can also use fruit and vegetable juices. Spices bring out the flavors of food instead of smothering them. ... Use unsweetened applesauce or banana to replace oil in baked goods.

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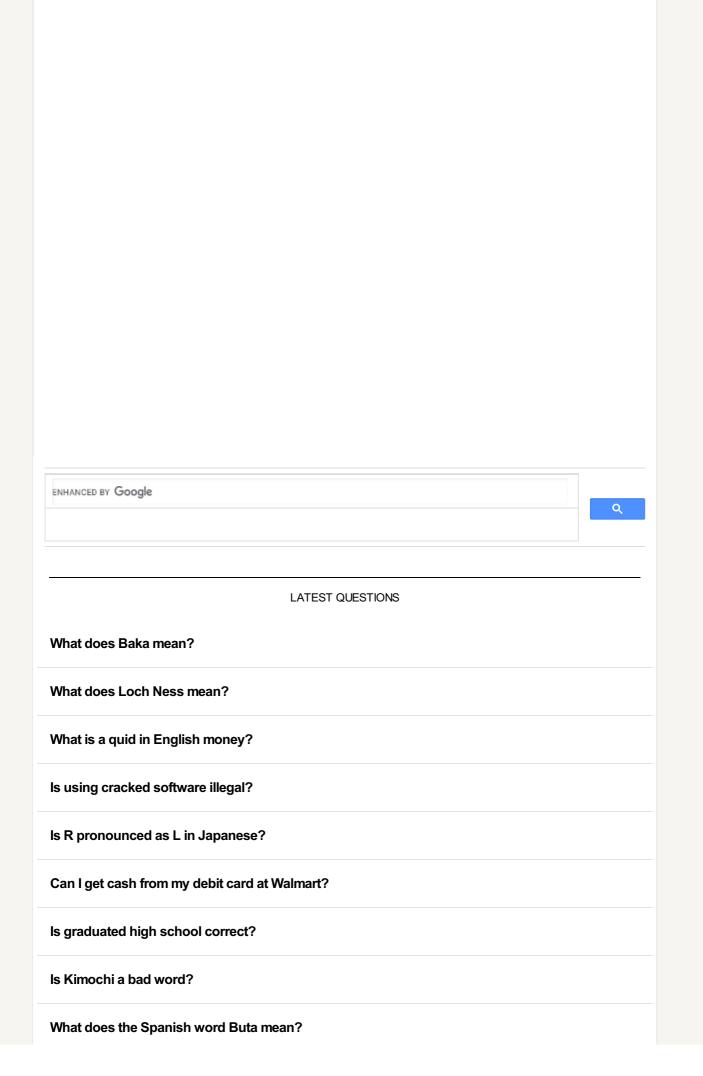
## Can I replace vegetable oil with butter?

Can I use butter instead of vegetable oil when baking brownies from a mix? ... You can absolutely substitute butter for the vegetable oil. Use the same quantity specified in the directions (for example, if it calls for 1/3 cup of oil, use 5 1/3 tablespoons of butter). Melt it down, then let it cool a bit.

### Can you use olive oil instead of vegetable oil for baking?

If your recipe calls for vegetable or canola oil, you should definitely substitute those oils with gourmet extra virgin olive oil. Any dessert recipe that calls for vegetable oil as an ingredient is a perfect choice for olive oil. In these recipes, the swap would be a one-to-one ratio.





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