MORE QUESTIONS AND ANSWERS

Is Tang high in sugar?

A single suggested serving of Tang contains 29 grams (1.0 oz) of sugar (representing 94% of the product's dry weight); 10% RDA of carbohydrates; 100% RDA of vitamin C; 6% RDA of calcium and has a total of 120 calories (500 kJ).

RELATED QUESTIONS

Is Tang healthy to drink?

Health Benefits It has 100% Vitamin C but you should not drink it as a replacement for fresh orange juice, because fresh orange juice has natural vitamins and anti-oxidants that a powdered drink cannot offer. Do not recommend this drink if you are diabetic, obviously, because there is so much refined sugar.

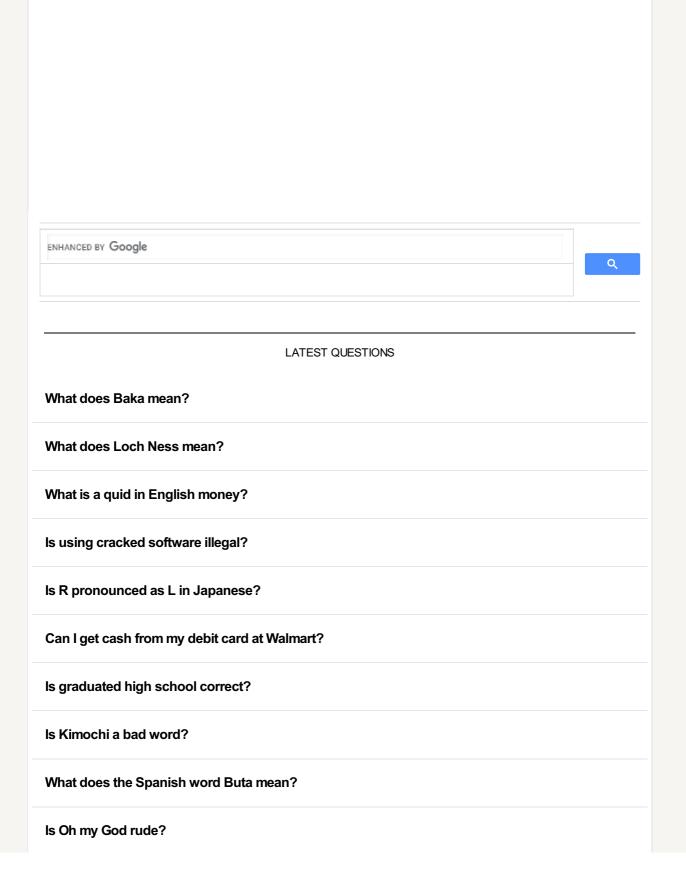
Did astronauts really drink Tang?

Contrary to popular belief, Tang wasn't actually invented by NASA. The tangy orange drink was introduced to the space agency when NASA officials were searching for a way to transport drinks into space. ... The Tang label wasn't actually put on any of the packages used by the astronauts, Perchonok said.

What is Tang made out of?

INGREDIENTS: SUGAR, FRUCTOSE, CITRIC ACID (PROVIDES TARTNESS), CONTAINS LESS THAN 2% OF NATURAL FLAVOR, ASCORBIC ACID (VITAMIN C), MALTODEXTRIN, CALCIUM PHOSPHATE, GUAR AND XANTHAN GUMS (PROVIDE BODY), SODIUM ACID PYROPHOSPHATE, ARTIFICIAL COLOR, YELLOW 5, YELLOW 6, BHA (TO HELP PROTECT FLAVOR).





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