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# What are the ingredients used to make chewing gum?

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#### What is Chewing Gum Made Out Of?

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#### What is chewing gum made of?

Chewing gum has been with us since the Stone Age – chicle gum was made from the sap of the Sapodilla tree. Most modern gums are based on a synthetic equivalent, a rubbery material called polyisobutylene that's also used in the manufacture of inner tubes.

#### Is there a way to make chewing gum with natural ingredients?

Before Wrigley came along, all chewing gum was made with natural ingredients. It starts with either beeswax or chicle, the milky latex sap of the sapodilla tree which then gets boiled down into a rubbery, chewy substance. Here's an easy preparation for a natural beeswax-based chewing gum that you can make at home in a single afternoon:

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### Can you make chewing gum at home?

First you soften the gum base, either in the microwave or on the stove. Then you add the sugar, corn syrup, and flavoring, knead it a little, and WOW! You've made your own gum, right at home! Each Gum Kit makes 30 – 50 pieces of chewing gum.

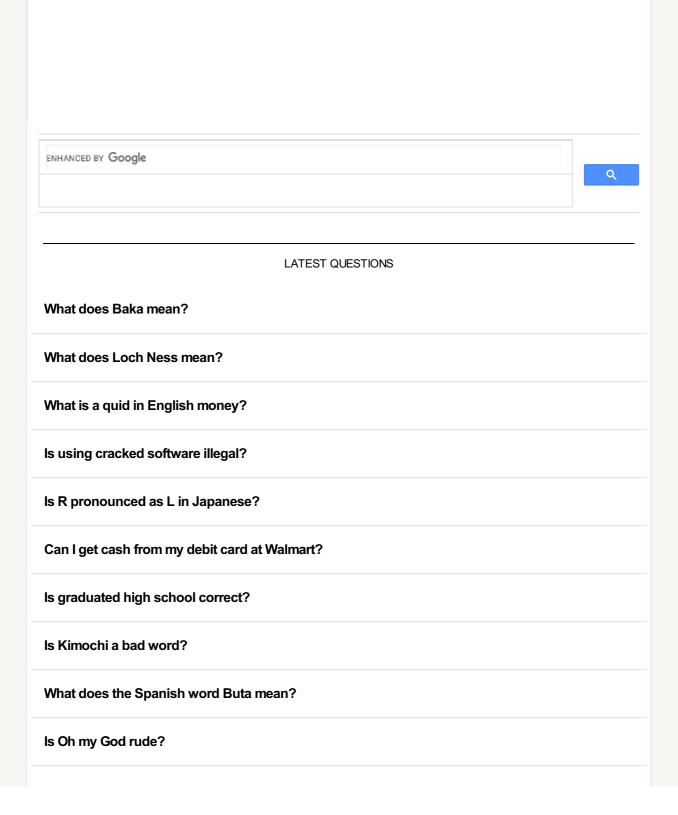
#### How do you make natural gum?

Place 6 oz of beeswax into a double boiler (or a bowl set on top of a pot filled with about an inch of water) and turn the stove to medium high. Melt the wax until it is soft and mostly liquid. Add your flavorings. Try peppermint, cinnamon, lemon, or licorice.

#### What is the best natural chewing gum?

Simply Gum Chewing Gum Simple really is best. Flavored naturally and sweetened with raw cane sugar, the ingredient list on this chewing gum is dentist-approved. "The small amount of organic raw cane sugar for sweetness may be easier for some to digest than gums made with xylitol," Hyman says.





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