# **MORE QUESTIONS AND ANSWERS**

### What is 500ml water?

Drinking 2 cups (500 ml) of water before each meal may speed weight loss. Researchers from the University of Birmingham have shown that drinking 500 ml (2 cups) of water at half an hour before eating main meals may help obese adults to lose weight.

#### **RELATED QUESTIONS**

### Is 500 ml half a Litre?

1000 ml equals 1 litre. Therefore, 500 ml equals half a litre.

## How many liters are in a 500ml bottle?

The answer is 1000. We assume you are converting between milliliter and liter. You can view more details on each measurement unit: ml or liter The SI derived unit for volume is the cubic meter.



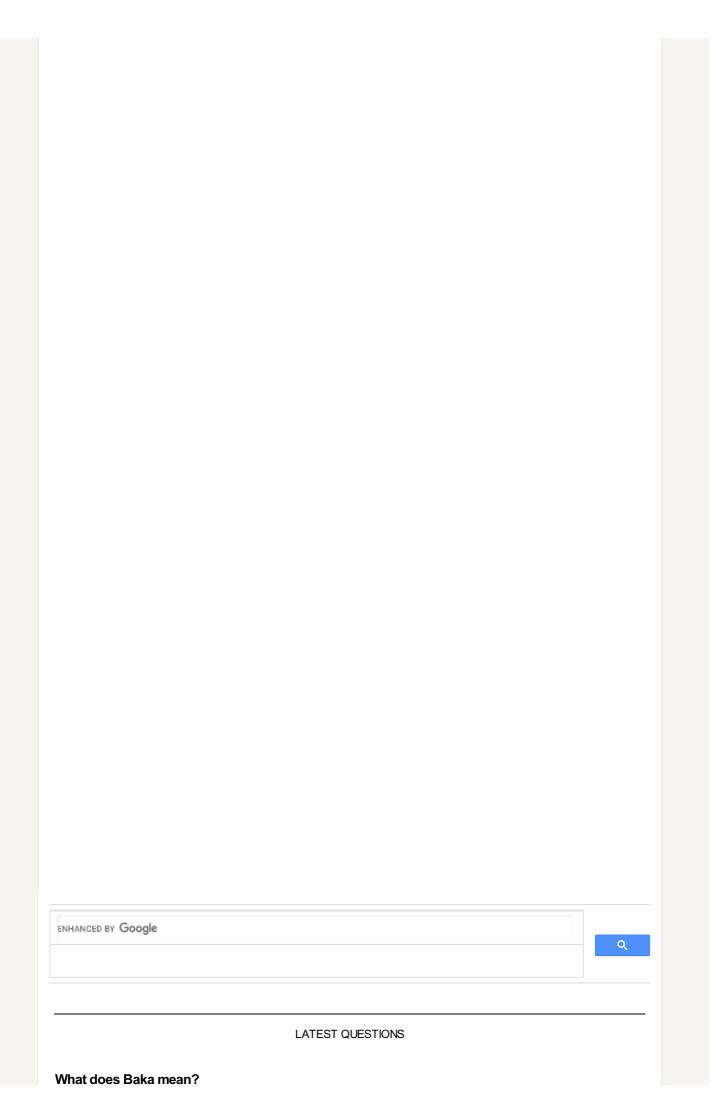












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| Is fusible fleece the same as interfacing?  How do I season my pan?  What kind of weather does Denver have?  Is it customary to tip handyman?  How bad is winter in Denver?  Do you tip a tailor at a department store? |













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